

**[Leaflet advertising G.R. Lane of Gloucester's Olbas Oil, used to relieve flatulence, colds, respiratory problems and headaches].**

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# NATURAL **Olbas Oil**<sup>®</sup>

for colds, catarrh, sinuses,  
rheumatic & muscular pain



When you have a cold or catarrh, you dread the misery of feeling blocked up and unable to breathe freely. Now there is a completely natural remedy that will provide immediate relief – natural Olbas Oil.

Olbas Oil is the unique blend of six pure plant oils combining the essential oils of peppermint, eucalyptus, cajuput, clove, juniper berry and wintergreen with menthol (a natural extract from the peppermint plant). Each natural ingredient has a value of its own, but the real secret which makes Olbas Oil special is the way the oils have been blended together.

## **How essential oils work**

The essential oils have a strong, pleasant odour and are extremely volatile. When exposed to the air, they give off a powerful vapour. Inhaling this vapour gives rapid relief from catarrh, nasal congestion and sinus trouble. Essential oils applied to the skin produce a feeling of warmth and a local anaesthetic action. They are effective for relieving muscular discomfort and rheumatic pain.

These very different properties of essential oils make Olbas Oil a uniquely versatile remedy for the whole family.

## The decongestant for colds, catarrh and sinuses

The penetrating vapours of Olbas Oil rapidly relieve catarrhal congestion in the nasal and bronchial passages. Congestion may be caused by colds and influenza, also hay fever, cigarette smoke and atmospheric pollution.

Olbas Oil will loosen the mucus, relieve congestion and bring immediate relief, making breathing easier and helping those miserable congestion headaches.

### How to use

To use as an inhalant, simply sprinkle a few drops on to a handkerchief or tissue and breathe in the vapours. Or put two or three drops on the palms of the hands, cup your hands and breathe in deeply. At night, sprinkle a few drops on the sheet or pillow, or rub it into the upper chest. The penetrating vapours will ensure relief from congestion.

### Olbas Oil for children

Every parent knows the misery of a child unable to sleep because coughs and colds prevent free breathing. Olbas is really effective and the special bottle with its convenient dropper makes it easy to control the dose without mess. For children aged 2 or over, 1 or 2 drops can be placed on the sheet or onto a tissue tucked inside the pillow case. Olbas Oil ensures your child will be able to breathe freely. Comfort for the child — and for you.



## Rheumatic and muscular pain

Olbas Oil is easily absorbed when applied to the skin. This produces a feeling of comfortable warmth. Combined with its counter-irritant reflex action, this brings rapid relief from rheumatic and muscular aches and pains as well as lumbago and fibrositis.

## How to use

To gain the greatest benefit from Olbas Oil, painful areas should if possible be sponged with warm water and dried thoroughly. Olbas Oil should then be gently and thoroughly massaged into the affected part. Rapid relief will be obtained and may be accompanied by natural and beneficial perspiration.

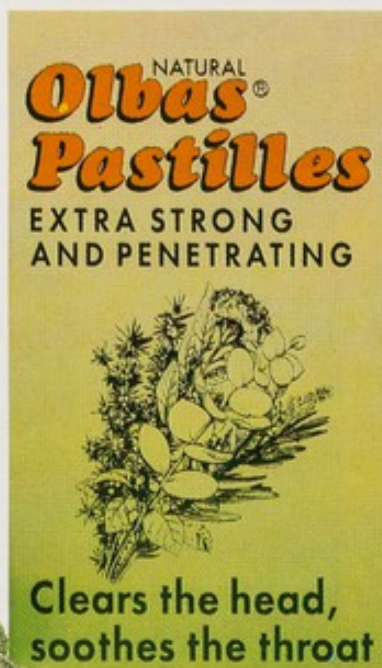
## Olbas Oil in sport

Rugby players, cyclists and other sports people speak enthusiastically of the value of Olbas Oil. If you rub it in before the activity, Olbas Oil will loosen and supple the muscles which can help improve performance. It also helps when treating sprains or pulled muscles.

## Olbas Pastilles – the natural remedy for rough sore throats

The unique power of Olbas Oil is now available as an extra strong and penetrating pastille which contains the same natural ingredients.

Olbas Pastilles not only soothe the throat; as they dissolve, they release the powerful vapours to clear the head and relieve congestion. They are the pure plant remedy for the symptomatic relief of colds, coughs, catarrh, sore throats and flu, catarrhal headache and nasal congestion. As they do not contain gelatin, Olbas Pastilles are ideal for vegetarians and vegans.



Olbas Oil is packed in 10ml and 28ml economy sized bottles. Each bottle has a special dropper so that the correct dose can be readily obtained without mess or waste. It is non-greasy and non-staining. However care should be taken to avoid contact with polished and delicate surfaces.

## Olbas Oil®

Formula (w in w)	Juniper Berry Oil BPC '49 2.70%
Cajuput Oil BPC 18.50%	Menthol BP 4.10%
Clove Oil BP 0.10%	Peppermint Oil BP 35.45%
Eucalyptus Oil BP 35.45%	Wintergreen Oil BPC '49 3.70%

Directions: Inhale Olbas Oil to clear nasal congestion caused by colds, catarrh, influenza, sinus, hay fever. Use externally for the relief of pain in rheumatic conditions, lumbago, backache and fibrositis.

Not suitable for babies. For inhalation, or external use on unbroken skin only.

For children aged 2 or over, 1 or 2 drops can be sprinkled on the sheet or on a tissue tucked inside the pillow case.

Avoid contact with the eyes and prolonged contact with the skin of young children.



Manufactured and Distributed by  
G.R. Lane Health Products Ltd., Gloucester.  
For sale only in the United Kingdom and Republic of Ireland.